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An improved antislip strip or band is disclosed which can maintain shirt or blouse in place with respect to slacks, pants, trousers or skirt while being worn. The strip includes a body portion formed of an elastic, antislip fabric comprising two different warp threads of polyurethane double covered yarn and polyurethane bare yarn interlaced with weft threads in the form of leno weave, and two opposed edge portions in the form of plain weave. The weaving is done in the antislip fabric to provide a roughened or irregular surface having a plurality of spaced-apart nubs formed on both sides of each gap between two adjacent weft threads. The antislip strip may be sewn into the waist portion of a garment with the roughened or irregular surface facing inside.